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Here are 13 things to check our life to know if we are growing or if we need some extra vitamins and minerals (Spiritual)

## We know that we are growing in Jesus Christ and in the relationship to Him....

- 1. When we are becoming increasingly aware of our sinfulness and wickedness. (No man is perfect)
- 2. When our response to sin is quick and is followed by genuine repentance.
- 3. When our spiritual battle become more and more fierce and you will be able to overcome it.
- 4. When we begin to see trials and temptations as the opportunities to grow.
- 5. When we begin to service as high honour ( to God ) and not as a burden.
- 6. When we are able to view everything that comes in our way is from God (No matter what happens God will turn it to be for good for God's glory)
- 7. When we sense that our faith is growing stronger and stronger.
- 8. When we decide to spend more time in genuine worship and praise.
- 9. Our desire to obey Him become more and more intense and desire to world become less.
- 10. When we are eager to share with others what God is doing in our life.
- 11. When we experience an increasing awareness of His presence.
- 12. When we jealously guard our private time in prayer and reading Bible. You cannot grow with a closed Bible.
- 13. When we spend more time with Him than anything else in the world. ( As we spend more time with Him we become more valuable to Him).

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